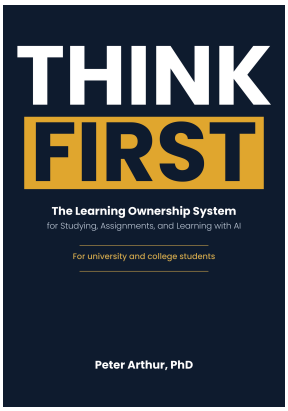

THINK FIRST

Turn studying, assignments, and AI into real learning.

The Learning Ownership System for Studying, Assignments, and Learning with AI

Peter Arthur, PhD, Professor of Teaching, University of British Columbia; 2023 Killam Teaching Prize; Founding Director, Centre for Teaching and Learning, UBC Okanagan.

ISBN	978-1-0678630-0-5
Price	$16.95 USD / $19.95 CAD
Format	7 × 10 in. paperback, 142 pages
Audience	University and college students; academic-skills, first-year, and student-success programs
Subjects	Study Skills · Higher Education · AI and Learning
Resources	Nine free student resources and four free teaching resources

About the Book

University learning is complex, and students are often expected to work independently before anyone has shown them how. ***Think First*** gives students a practical learning system for assignments, exams, AI use, feedback, weekly planning, and recovery. The seven Learning Ownership moves are Understand, Plan, Practice First, Monitor, Adjust, Verify, and Transfer. The same moves recur across the book, so students practice one system in different situations rather than collecting disconnected study tips. A 30-situation Find Your Problem index sends students directly to the page that fits.

What's Inside

- **Part 1: The Learning Ownership System.** Seven moves, case examples, reflection, and the Evidence and Transfer Log.
- **Part 2: Think First, Decide Whether and How AI Fits.** AI expectations, high- and low-ownership use, verification, visible process, and an AI Use Log.
- **Part 3: Assignments.** Quick triage, making tasks startable, group work, the Core Assignment Learning Plan and Review, and the Comprehensive Assignment Ownership Tool.
- **Part 4: Exams.** Retrieval and spacing, exam-type strategies, the Core Pre-Exam Learning Plan and Post-Exam Learning Review, and the Comprehensive Exam Ownership Tool.
- **Part 5: Your Week.** Daily and weekly Learning Ownership checks, including low-capacity options.
- **Part 6: Reset and Recovery.** Support, communication, a Reset and Recovery Tool, and a 48-hour plan.
- **Learning Ownership Toolkit.** Focused tools for procrastination, motivation, workload, time constraints, progress, feedback, and belonging.

Why Adopt It

- **Enter anywhere.** Students do not need to read in order. The 30-situation index starts with the problem in front of them.
- **Quick, Core, and Deep.** Students can use the same system at different levels of depth depending on the task and their capacity.
- **Addresses AI directly.** The book helps students understand expectations, protect the thinking a task is meant to build, verify output, and stand behind their work.
- **Free student resources.** Six one-page companion tools and three reusable Core printables may be downloaded, printed, and shared without charge, with attribution.
- **Free teaching resources.** Four short classroom routines, each with a facilitation script, for AI expectations, a major assignment, and exams. LearningOwnership.com/educators
- **Flexible adoption.** Use one tool with one assignment, pair the Core printables with major assessments, or adopt the complete book in a course or program.
- **Free workshops.** Short virtual workshops are available for courses, learning centres, student groups, and staff. No cost, no obligation.

Nine free Learning Ownership resources

One-page companion tools: The Seven Moves · Quick Assignment Triage · Pause Before You Prompt · Turning Feedback into a Next Step · Stop Rereading Everything · Reset and Recovery

Reusable Core printables: Assignment Learning Plan and Review · Pre-Exam Learning Plan · Post-Exam Learning Review

Ordering and course adoption

Available on Amazon. Campus bookstores, libraries, and wholesalers can order through Ingram. For course adoption, quantity orders, review copies, or a free workshop, contact the author.

Peter Arthur, PhD
peter.arthur@ubc.ca
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